

SHAPE

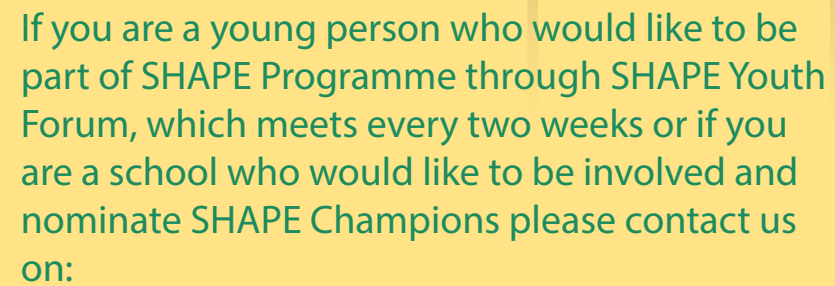
ANNUAL REPORT 2015



“Where every child’s voice matters”

staying **Safe** being **Healthy** enjoying and **Achieving** making a **Positive** contribution **Economic** wellbeing

CONTACT US



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- Staying **S**afe
- Being **H**ealthy
- Enjoying & **A**chieving
- Making a **P**ositive contribution
- **E**conomic wellbeing

The Programme has developed since its inception and now consists of a series of events and opportunities for young people to come together and share their views on services in Sandwell as well as take part in fun and innovative activities.

This Annual Report outlines the findings from the SHAPE Programme over the last 12 months through consultation with young people as well as demonstrating the success and involvement of young people in the programme.

What we've done...

SHAPE PROGRAMME 2014 - 15

SHAPE OUR FUTURE CONFERENCE

(1 December 2014)

Child's Voice Conference

SHAPE PLEDGES (31 March 2015)

Development of
partnership pledges
to address conference
outcomes.

SHAPE YOUR TALENT AUDITIONS (18 April 2015)

In conjunction with
Sandwell College

A Talent Show for 9 -
19 year olds.

SHAPE YOUR TALENT FINAL

(26 June 2015)

SHAPE YOUTH FESTIVAL (29 August 2015)

Outdoor event to
promote healthy
activities.

SHAPE OUR FUTURE SURVEY

(Oct - Dec 2015)

NATIONAL TAKE OVER CHALLENGE (16 - 27 November 2015)

Young people takeover
the role of senior officers
and Directors

YOUTH TAKE OVER CHALLENGE Sandwell Council Cabinet (16 - 27 November 2015)

Young people take over
the cabinet meeting at
Sandwell Council

SHAPE OUR FUTURE CONFERENCE

(26 November 2015)

Child's Voice Conference

2015 - 16

Sandwell Safeguarding Children's Board (SSCB) Youth Takeover Challenge

(26 February 2016)

Youth takeover of SSCB
which protects children
from harm

Police Youth Takeover Challenge

(22 March 2016)

Youth takeover of
Sandwell Local Policing

SHAPE Your Talent Auditions

(6 - 31 April 2016)

With Sandwell College
and the Library Service

Sandwell Community Schools Event

(27 April 2016)

Youth conference

EU Referendum

(May 2016)

SHAPE Youth Forum
to take part in debates

SHAPE Your Talent Final

(24 June 2016)

Early Years Consultation (27 June 2016)

Health & Well Being Board Youth Takeover Challenge

(July 2016)

Youth takeover of board
that ensures the health/
wellbeing of families

Young Carers Consultation

(July 2016)

SHAPE Youth Festival

(23 July 2016)

Anti-bullying week

(4 - 18 November
2016)

National Youth Takeover Challenge

(18 November - 2
December)

SHAPE Our Future Conference
(December 2016)

Staying Safe

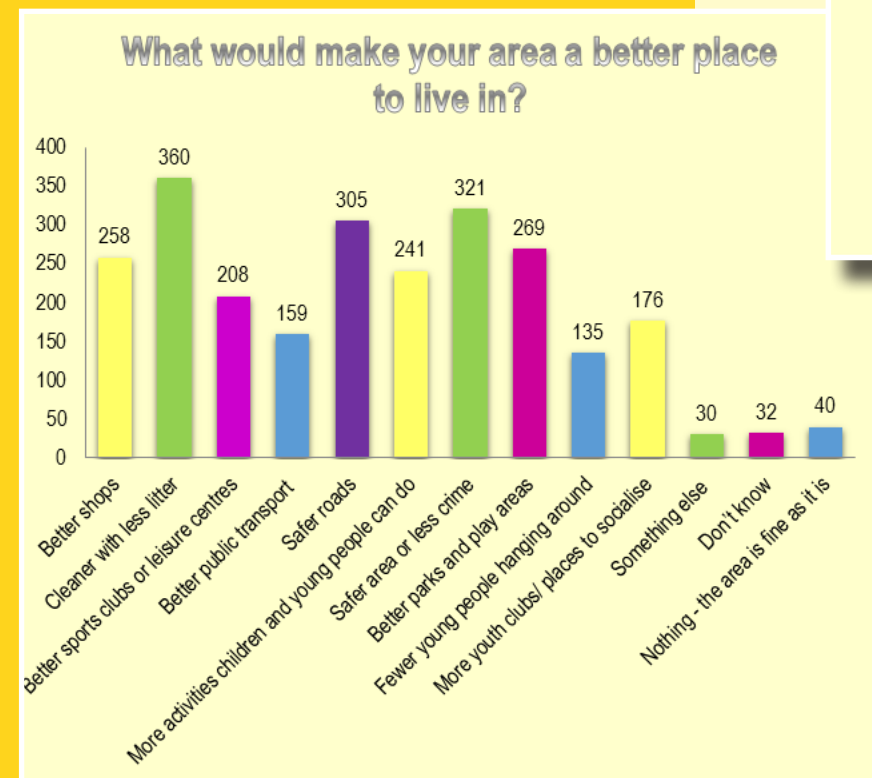
you said...

Young people wanted more police presence, CCTV and lighting in parks to feel safer when out in the evenings.

A greater awareness of child sexual exploitation (CSE) and controlling relationships in schools and social media would better educate young people on the subject.

we did...

- Sandwell College have installed a metal detector
- Given Neighbourhood Police contact details to all primary/secondary schools
- Delivered activity programme during the summer holidays



2014
28% felt safe in their local area - home and school
75.1% turn to parents
8.1% turn to teachers

2015
28% worried about crime
46% worried about being bullied
40% worried about being targeted by gangs
10% carry a weapon for protection
95.7% want more internet safety education

Have you ever carried a weapon to protect yourself?



Being Healthy

you said...

Young people wanted more opportunities to get fit and engage in physical activities, especially during the summer, such as football, canoeing, camping, cycling etc.

School nurses should be used more, especially regarding mental health, asthma and weight management.

we did...

- Held a SHAPE Youth Festival in 2015 and will continue annually to encourage outdoor activity
- Ensured all students know their school nurse and how to contact them
- Invested in more green gyms in parks

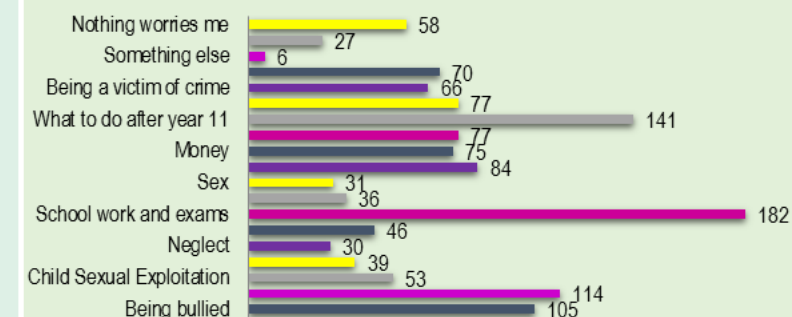
2014

49% play sport on evenings or weekends
Relationships (27%) and stress (20.3%) are the biggest health concerns for 13 and above

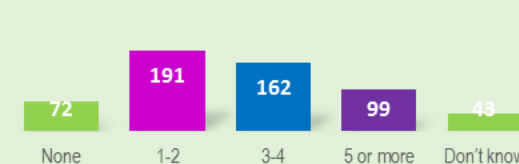
2015

11% said yes to drugs with 4.6% taking drugs more than three times a week
46% would like to receive more information on relationships and 38% on handling feelings

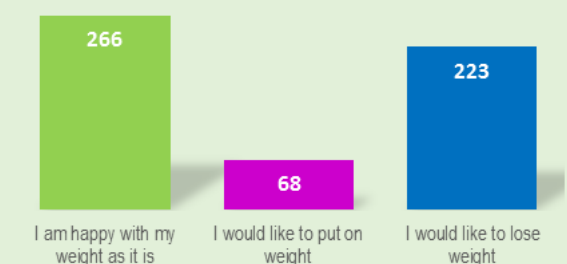
Which of these things do you worry about (14-19 year olds)



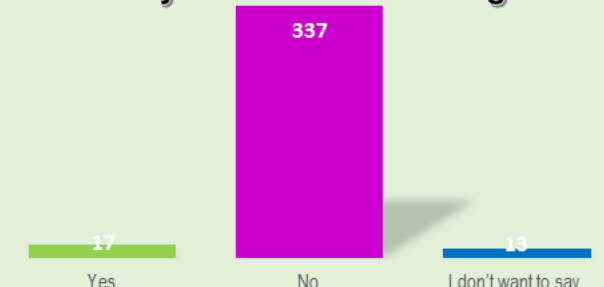
How many of the five a day fruit and vegetables do you eat.....



Which statement about your weight best describes you?



Have you ever taken drugs?



Enjoying and Achieving

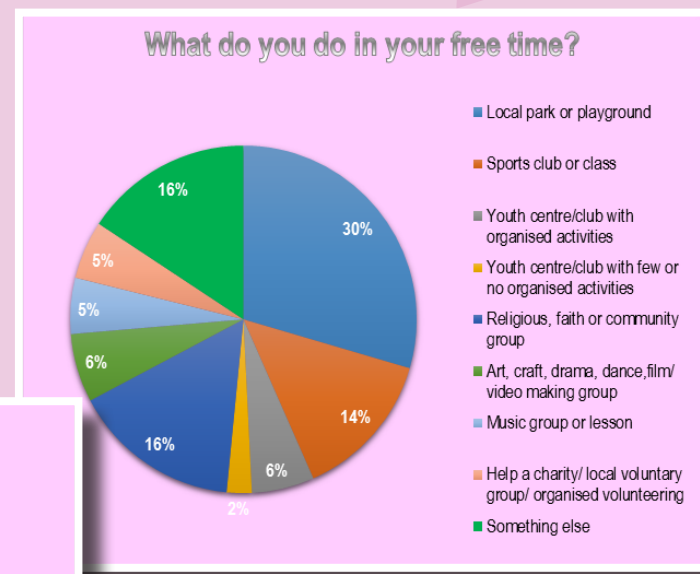
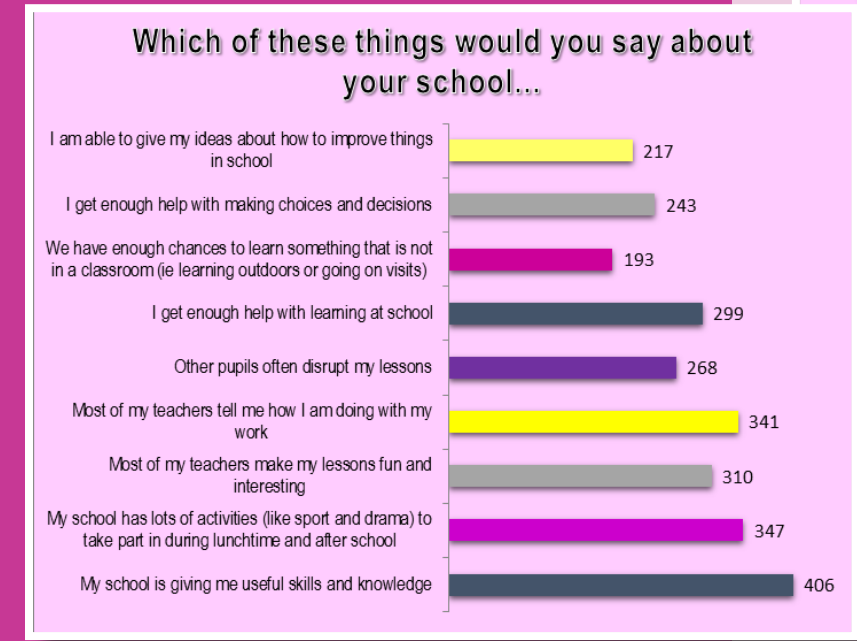
you said...

Young people wanted better communication and marketing of activities that were available to them. They also wanted better parks and more of them.

They also expressed that they felt unrecognised for their talents outside of academic achievements, such as art and sports.

we did...

- Holding an annual SHAPE Your Talent show for children / young people
- Dedicate a page annually in the Sandwell Herald to advertise services for children / young people



Making a Positive Contribution

you said...

2014

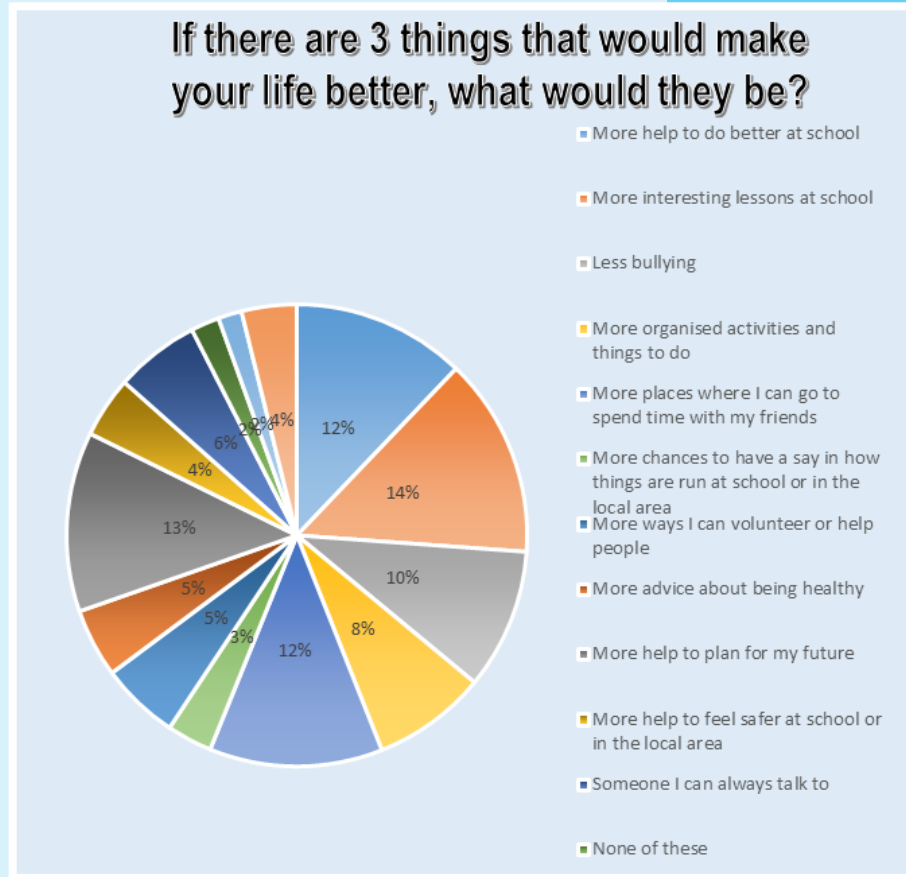
47% want to take part in inspecting the quality of local activities/ services
54% want to help decide how money is spent on activities

2015

28.9% haven't given their ideas to their school council or youth parliament
11.6% said their ideas haven't been listened to and 20% didn't know if their ideas had been listened to

we did...

- Introduced a SHAPE Youth Forum consisting of Youth Parliament, Looked After Children's Board, Sandwell College and school council representatives
- Promoted all Sandwell youth events through social media
- Hold an annual SHAPE Our Future event
- Increased active participation in National Takeover Day



Economic Wellbeing

you said...

Young people expressed a need for more information on apprenticeships and more support in making better career choices.

They feel Sandwell is unclean due to increase in little and unsafe due to crime and an increase in gang culture. They expressed a wish for the negative stigma and reputation of Sandwell to change.

we did...

- Collated case studies from apprentices to be shared with young people

Wellbeing

2014

66% found money was most important when looking for a job as well as finding one you enjoy

2015

38% worry about what to do after year 11

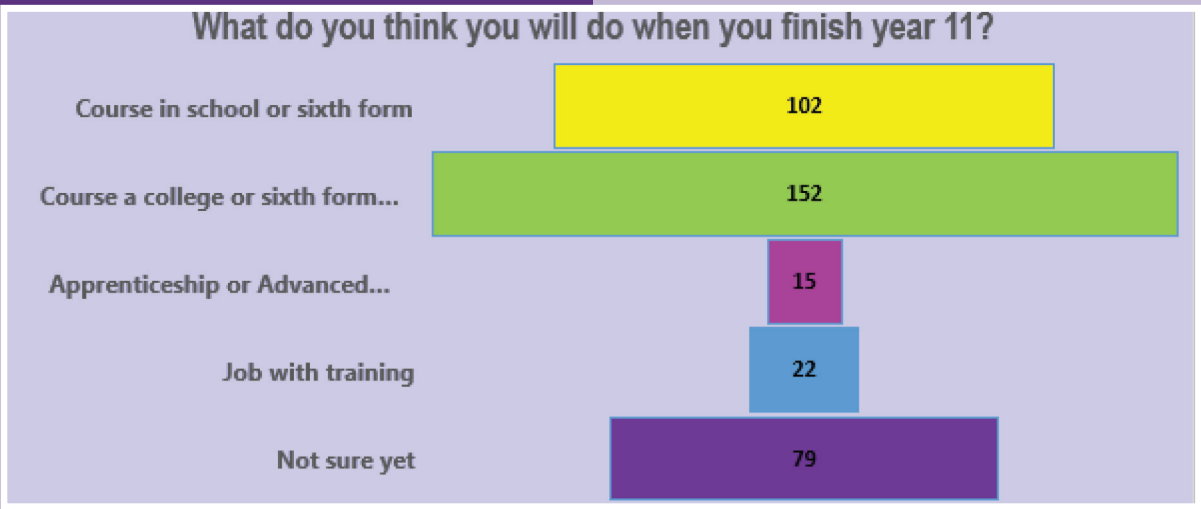
41% want to go to college

38% do more studying

30.4% get a job with training

70% want to go to university

39.7% don't want to stay in Sandwell



Takeover in full swing at the Safeguarding Children's Board

In recognition of the work we have done in involving young people the Children's Commissioner has awarded us a gold commendation, this is the highest level that can be achieved in the new 'Up for the Challenge' accreditation scheme introduced by the Commissioner this year to recognise the organisations that take part in National Takeover Challenge.

In November Sandwell took part in National Youth Takeover Challenge, which is a national event that gives children and young people the chance to be involved in decision-making and work with adults for the day. Children benefit from the opportunity to experience the world of work and make their voices heard, while adults and organisations gain a fresh perspective on what they do.



Mike Botham, Service Manager was taken over by Kia Steed from Wodensborough Ormiston Academy, pictured at a Police meeting

Takeover Challenge CASE STUDY

David Nemec

In November, I took part in the Youth Takeover Challenge with Jyoti Atri, Director of Public Health within Sandwell Council. At the beginning of the day, I received an informative talk about the issues within Sandwell related to weight management and what the department does to decrease obesity rates within Sandwell. Once this was complete, I joined some of the Community Activity Network Development Officers (CANDOs) testing out the new rock climbing facilities at the Portway Lifestyle Centre.

Jyoti informed me about the current issues with public health in Sandwell, the causes of these issues and what she is doing to overcome these problems. We spoke about the structure of public health within Sandwell and the different aspects of the department.

Personally, I wanted to participate in the Youth Takeover Challenge as it is an amazing and educating opportunity. Once completing my university degree, I would like to go into a profession involving health and this experience allowed me to see if this would be a suitable career path for myself.

This experience has been very rewarding as it has allowed me to gain new skills which could then relate to my future career.

Moreover, the Takeover Challenge has allowed me to build relationships within the hierarchy of the Sandwell Council and also opened up a very large amount of opportunities which will benefit me currently, when applying to universities and when applying for jobs.



Future of SANDWELL

When young people were asked what would make them stay in Sandwell and what improvements needed to be made, this is what they said:

